

# VIRGINIA

## Massage Therapist

Our massage therapists have been to an approved school in which they have successfully completed a minimum of 500 classroom hours of supervised instruction, passed an examination and are in good standing with The National Certification Board for Therapeutic Massage and Bodywork.

### Fairfax

***Nahid Ghassemi , LMT***  
Ana Visage

10130-B Colvin Run Road  
Great Falls, VA 22066

(703) 759-2700

### Frederick

***Ramana Heyman , LMT***  
Ramana Wellness

2625 Daniel Terrace  
Winchester, VA 22601

(540) 667-5100

### Petersburg

***Joseph Jones , LMT***  
Total Control Fitness and Spa

589 South Crater Road  
Petersburg, VA 23803

(804) 861-9799

### Prince George's

***Debbie Castrinos , LAC***  
Heath Care Options

6420 Watchrun Drive  
Prince George, VA 23875

(804) 452-7231

### Virginia Beach

***Elaine Levenson , LMT***  
Therapeutic Massage, Magic Fingers &

2004 Brickell Court  
Virginia Beach, VA 23454

(757) 496-3701